



**GRŴP IECHYD A DIOGELWCH GOGLEDD-ORLLEWIN  
CYMRU  
NORTH WEST WALES HEALTH & SAFETY GROUP**

**Wednesday 18<sup>th</sup> November 2015 - 2.00pm – 4.30pm**

Main Lecture Theatre, Ground Floor, School of Electronic Engineering, Dean Street, Bangor LL57 1UT

**'Does Who You Trust Influence Safety?'**

**Sara Lodge, Director, Beehive Coaching and Leadership Development Ltd and b.SAFE**

**THE TALK**

The results of the recent Wales Centre for Behaviour Change's research showed that trust was the most important interpersonal factor in maintaining a safe working environment, whether that be trust between peers, between managers and employees, between supplier and customer, or between the organisation and the service user/public. Trust is pivotal to compliance, accountability, the reporting of accidents and near misses, the sharing of information and best practice, to overcoming silo thinking and to working interdependently.

But trust is an attitude and not a behavior; it cannot be legislated for, it cannot be enforced, it cannot be created through safety management systems (lack of it can render safety management systems much less effective). So how is trust built?

In this session Sara:

- shares some of the results of the research
- outlines the Five Trustworthiness Elements
- explores the role of psychological safety, trust and trustworthiness to safety
- explains how you can demonstrate that you are worthy of trust and use that to make an impact both on your own and others' health and safety.

Refreshments will be provided from 2.00pm.  
Talk starts at 2.15pm.

**THE SPEAKER**

Sara Lodge is director of Beehive Coaching & Leadership Development Ltd, an organisational development consultancy specialising in behavior change. Apart from a couple of breaks working in marketing and on the Leadership Fast Track of the West Yorkshire Police, she has been in the field of learning and development since 1985, working in places as diverse as Japan, Africa, Canada, Austria and France.

For the past three years Sara has been immersed in the field of safety culture and behavioural safety, working with organisations such as Alstom Power, SSE, Magnox UK, NSAN and the Nuclear Decommissioning Agency. She has recently been working in partnership with Bangor University Psychology Department's Wales Centre for Behaviour Change on the interpersonal factors that most influence safety in the workplace, and the results of the research will form the basis of this talk.

Sara has a wide range of organisational experience, working with FTSE 100 companies and SMEs, and is an experienced coach and consultant supervisor.

**Further Information:**

<http://behaviourchange.bangor.ac.uk/>  
<http://www.beeclld.co.uk/3/en-GB/Our-Team>



## GRŴP IECHYD A DIOGELWCH GOGLEDD-ORLLEWIN CYMRU NORTH WEST WALES HEALTH & SAFETY GROUP

### **VENUE**

The Main Lecture Theatre is on the ground floor of Bangor University's School of Electronic Engineering Building (*this building may also be referred to as 'Informatics'*), which is located on Dean Street in Bangor LL57 1UT. The Lecture room is accessible via the main entrance and then follow the directional signs on display.

The University is signposted from the A5/55 Expressway. A location map for the School of Electronic Engineering building can be found at: <http://www.bangor.ac.uk/tour/LocationMap.pdf> position 74.

### **CAR PARKING**

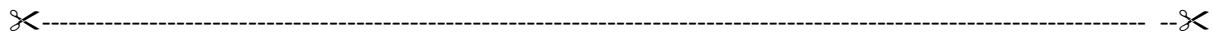
Please be aware that you can access the University Dean Street Car Park **by using the tannoy system at the Barrier**. Please state which event you will be attending.

Coming from Garth Road onto Dean Street, the entrance to the Car park is the second access road (unmarked – enters into University premises) on the left opposite the new NCP car park.

**Please ensure you park within designated car parking spaces and display your Permit.** The Car Parking Permit is printed at the bottom of this Flyer and must be displayed in the front windscreen. The University operates strict *Parking Regulations* and your vehicle may be towed-away immediately if blocking access or pedestrian routes or otherwise causing a health and safety hazard. Vehicles parked without a valid Permit may be immobilized and a cost is associated with its release.

### **FURTHER INFORMATION**

For further Information on the Group please contact 'Health and Safety Services', Bangor University, Penbre, College Road, Bangor, LL572DG Tel 01248 383847, email: [lisa.fowlie@bangor.ac.uk](mailto:lisa.fowlie@bangor.ac.uk) or visit the Website at <http://hsgroup.bangor.ac.uk>



### **CAR PARKING PERMIT**



PRIFYSGOL  
**BANGOR**  
UNIVERSITY

**Grŵp/Group: NWWHSG**

**DYDDIADAU/DATES: 18/11/2015**

A warm welcome is extended to all Members and non-members with an interest in this subject.