



Wednesday 3rd March 2010 2.00 – 4.30pm (Please note the talk starts at 2.15pm)

Main Lecture Theatre, Ground Floor, School of Electronic Engineering, Dean Street, Bangor

Managing Return to Work

Catherine Wallace
A4e Pathways to Work Programme

&

Janet Williams
ATOS Origin

THE SPEAKERS

Catherine Wallace qualified as an Occupational Therapist in 2007 after spending 20 years working and training in the social care sector with young people. Since qualifying she has been working within the adult sector specialising in Vocational Rehabilitation and in work occupational health support.

Catherine is currently the Senior Occupational Support Coach for Wales for the A4e Pathways to Work Programme. A4e Pathways to Work is a fantastic scheme that helps people who are on sickness or disability-related benefits to build their skills and confidence, manage their condition and ultimately find a job that suits them.

Janet Williams has worked as an Occupational Therapist since 1991 and in Industry for the past nine years. She has a Masters Degree in Work Design and Ergonomics and a certificate in counselling. Janet specialises in providing capability assessments of individuals with complex disability for return / retention at work with the aim of optimising work performance.

Janet has provided professional expertise to a government funded pilot study that became the foundation of current strategies for vocational rehabilitation. By engaging with people suffering from long term illness through cognitive behavioural therapy, physiotherapy, ergonomics and an

occupational therapy model of care, she has supported a return to both health and work. Her expertise is recognised within and external to the occupational therapy profession.

THE TALKS

Over recent years the NWWHSG has debated health issues in the context of mens' health, the ageing workforce and health promotion. This year's spotlight on health is particularly relevant due to the impending change from medical sick notes to fit notes. For this reason our March talk will highlight the importance of occupational therapists whose specific skills help people of all ages who have physical, mental or social problems, either as a result of accident, illness or ageing.

This talk will be of particular interest to Health and Safety professionals, HR Officers, Managers and Occupational Health Professionals wishing to increase the effectiveness of health at work and ill health strategies.

FURTHER INFORMATION

- [A4e Pathways to Work](#)
- [ATOS Origin](#)
- [HSE – Managing Return to Work](#)
- [Department for Work and Pensions](#)



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VENUE

The Main Lecture Theatre is on the ground floor of Bangor University's School of Electronic Engineering Building (*this building may also be referred to as 'Informatics'*), which is located on Dean Street in Bangor. The Lecture room is accessible via the main entrance and then follow the directional signs on display.

The University is signposted from the A5/55 Expressway. A location map for the School of Electronic Engineering building can be found at: <http://www.eng.bangor.ac.uk/LocationMap.pdf> position 74.

CAR PARKING

Please be aware that you can access the University Dean Street Car Park by entering the following PIN number: **4994** at the Barrier. This **PIN number** will only work for this Car Park and only on the afternoon of the Talk and should not be disclosed / displayed to other people.

Coming from Garth Road onto Dean Street, the entrance to the Car park is the second access road (unmarked – enters into University premises) on the left opposite the new NCP car park.

Please ensure you park within designated car parking spaces and display your Permit. The Car Parking Permit is printed at the bottom of this Flyer and must be displayed in the front windscreen. The University operates strict *Parking Regulations* and your vehicle may be towed-away immediately if blocking access or pedestrian routes or otherwise causing a health and safety hazard. Vehicles parked without a valid Permit may be immobilized and a cost is associated with its release.

FURTHER INFORMATION

For further Information on the Group please contact 'Health and Safety Services', Bangor University, Penbre, College Road, Bangor, LL572DG Tel 01248 383847, email: l.fowlie@bangor.ac.uk or gareth.w.jones@bangor.ac.uk or visit the Website at <http://hsgroup.bangor.ac.uk>

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CAR PARKING PERMIT



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A warm welcome is extended to all Members and non-members with an interest in this subject.