

Wednesday 11th June 2014 - 2.00pm – 4.30pm

Small Lecture Theatre, First Floor, School of Electronic Engineering, Dean Street, Bangor LL57 1UT

“Our Iceberg is Melting – How to Identify and Manage Change”

Lisa Fowlie

Health and Safety Adviser, Bangor University

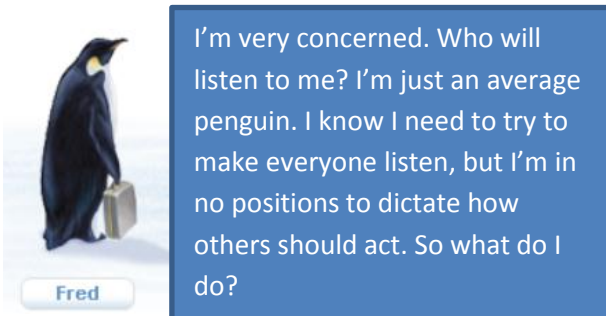
THE TALK

It is easy to agree with Heraclitus who reputedly said that ‘there is nothing permanent except change’ and also with Winston Churchill who said “to improve is to change; to be perfect is to change often”.

So whether intentional or not - change happens! But how we identify, manage and control change can have huge impact not only in our working, but also in our day to day lives.

The Talk ‘Our Iceberg Is Melting’ is a simple story of a colony of penguins facing a dilemma.

The story identifies and follows the main characters and looks at the problems and solutions they come up with when detecting and dealing with the change that may (or may not?) happen.



Contained within the story and the colourful characters is a powerful message about the fear of change and how to motivate people to face the future and take action by producing short term wins for longer term goals.

Individuals and organizations alike have used Our Iceberg Is Melting (copyright - Kotter

International) to help them understand what types of change they face, how change can be resisted against at first, and, finally, what to do in order to get people (or penguins) to gain support and get the commitment needed to not only make change happen but also with a sense of urgency.

THE SPEAKER

Lisa graduated with an Honours Degree in Occupational Safety and Health from Aston University in 1983 and has been actively involved in Health and Safety across a broad range of areas ever since.

Lisa joined the University in 1998 and has particular interests in audits, stress management, behavioural safety and training. Within the University she has designed, developed and implemented a standard University Health & Safety management system audit program, introduced a refreshed approach to stress management supported by a ‘Be Your Best’ programme of activities and events and delivered a wide range of Health & Safety training courses.

Her professional interests away from the University include being a current Member of the Board of Trustees, Chair of the Risk Management and Audit Committee and a past President of the Institution of Occupational Safety and Health (IOSH). Lisa's personal interests include photography and travel.

Further Information: [Kotter International](#)

Refreshments will be provided from 2.00pm

Talk starts at 2.15pm.



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VENUE

The Small Lecture Theatre is on the first floor of Bangor University's School of Electronic Engineering Building (*this building may also be referred to as 'Informatics'*), which is located on Dean Street in Bangor LL57 1UT. The Lecture room is accessible via the main entrance and then follow the directional signs on display.

The University is signposted from the A5/55 Expressway. A location map for the School of Electronic Engineering building can be found at: <http://www.bangor.ac.uk/tour/LocationMap.pdf> position 74.

CAR PARKING

Please be aware that you can access the University Dean Street Car Park by entering the following PIN number: **8826** at the Barrier. This **PIN number** will only work for this Car Park and only on the afternoon of the Talk and should not be disclosed / displayed to other people.

Coming from Garth Road onto Dean Street, the entrance to the Car park is the second access road (unmarked – enters into University premises) on the left opposite the new NCP car park.

Please ensure you park within designated car parking spaces and display your Permit. The Car Parking Permit is printed at the bottom of this Flyer and must be displayed in the front windscreen. The University operates strict *Parking Regulations* and your vehicle may be towed-away immediately if blocking access or pedestrian routes or otherwise causing a health and safety hazard. Vehicles parked without a valid Permit may be immobilized and a cost is associated with its release.

FURTHER INFORMATION

For further Information on the Group please contact 'Health and Safety Services', Bangor University, Penbre, College Road, Bangor, LL572DG Tel 01248 383847, email: lisa.fowlie@bangor.ac.uk or visit the Website at <http://hsgroup.bangor.ac.uk>

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CAR PARKING PERMIT



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A warm welcome is extended to all Members and non-members with an interest in this subject.