

A guide to builders on how to manage 'Manual Handling'

10th April 2013
Bangor University



**“EVERY
WEEK
ONE
OF US
DIES”**

Help for the industry - from the industry

A guide to builders on how to manage 'Manual Handling'



Manual handling continues to be one of the main causes of injuries and absences from work. As part of our continued drive to improve standards and reduce the number of injuries to workers in the industry, the **Working Well Together** group supported by the Health and Safety Executive together with the “North West and North Wales Back Exchange”, are holding a free seminar for local contractors, and others in North Wales.

This event is supported by the industry and designed to suit the needs of those dealing with manual handling work. The aim is to raise awareness of health and safety issues facing your industry, and provide practical advice on how you can manage and avoid risks.

If you run a small company, or if you are involved in manual handling work, then it is important for you to attend this event which is **free**.

Join this event to make sure that our industry is safer. It is an expectation that your company will attend.

There is no charge for the event, however, numbers are restricted to **two** representatives per company.



Practical Solutions



New Equipment

Event Programme



09.30 – 09.50 *COFFEE AND REGISTRATION*

09.50 – 10.00 **Ellen Beard** Welcome

10.00 – 10.15 **Lisa Fowle** Setting the Scene

10.15 – 11.00 Spine Clinic

11.00 – 11.30 **Matthew Birtles HSL** How work can cause musculoskeletal injury and how this can be avoided through good design, and the influence of working posture on well-being.

11.30 – 13.30 *EXHIBITORS AND LUNCH*

13.30 – 14.30 **Matthew Birtles HSL** HSE's quick, straight-forwards approach to manual handling risk assessment

14.30 – 15.30 **LANTRA** Object Handling a practical demonstration

Some exhibits are outside, so please wear appropriate clothing.

BOOK NOW!

WWT campaign reserves the right to amend this programme



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Places will be allocated on a first come first served basis, so book early to ensure your place.

Please complete all details clearly:



I would like _____ place(s)

Name(s) attending _____

Company/Business name _____

Address _____

Postcode _____

Telephone _____

Fax _____

E-mail _____

Where did you hear of this event? _____

Post, fax or email your booking by 5th April

Post to: Elin Rhys

Fax to: 01286 679144

HSW Development Officer

Council Offices

E-mail: ElinRhys@gwynedd.gov.uk

Gwynedd Council

Caernarfon LL55 1SH

Please tick size of company
(number of people)

0-5

6-15

16-50

50+

WWT may retain your details in a computer record for accounting purposes, evaluation of the seminar and to advise you of other seminars and publications which may be of interest to you. If you do not wish to receive further information please tick the box.

WWT may pass basic details of companies attending this event to exhibitors. If you would prefer your contact details not to be passed on – please tick the box.

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Supported by



For information on the Working Well Together campaign:

www.wt.uk.com

BOOKING FORM



How to find us



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